

Hot Buttons

Write three challenging behaviors that “push your buttons.”



1. _____ 2. _____ 3. _____

Write the emotion word that describes the way each of these behaviors makes you feel

1. _____ 2. _____ 3. _____

What do you do in response to each of these behaviors? Write down how you act/react when a child displays each behavior.

1.	2.	3.
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How does your response impact the relationship you have with the child? With the family?

1.	2.	3.
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